

	Autumn 1 Health & wellbeing – 7	Autumn 2 Living in the wider world 7 4	Spring 1 Relationships 6 3	Spring 2 Health & Wellbeing 6 3	Summer 1 Relationships 5 3	Summer 2 Living in the wider world 8 4
Year 7	1. Transition to secondary school. 2. Organisation 3. Resilience 4. Communication	Enterprise skills and introduction to careers 1. Leadership 2. Leadership 3. Initiative and Enterprise 4. Enterprise Project cont. or Anti Bullying Week	1. Online Safety 2. Cyber Bullying 3. Managing on- and off-line friendships and stress	1. Healthy Lifestyle 2. Substance Misuse 3. Smoking Managing puberty and the issues of unwanted contact (could include FGM)	SRE Rights and Responsibilities Body Image / puberty Media impact Pregnancy STIs	Making ethical financial decisions Saving, spending and budgeting our money Careers – Thinking about the future and life skills
Year 8	Personal safety 1. Risks 2. Road safety 3. Alcohol misuse and managing peer influence	Tackling age and disability discrimination 1. Age 2. Disability – Autism Awareness 3. Student Survey	1. Tackling racism and religious discrimination , 2. Promoting human rights and British Values 3. Hate crimes- Individual Liberty 4. Online safety and digital literacy	1. Mental health and emotional wellbeing, 2. Body image and MH 3. Bereavement and Loss	SRE 1. Introduction to Consent 2. Facts on pregnancy, STIs 3. Safer Online Relationships	SRE Cont. 4. Introduction to contraception including condom and the pill Careers Self Confidence Journey to your career Money Skills
Year 9	1. Peer pressure , assertiveness and risk 2. Body image , lifestyle balance and 3. Unhealthy coping strategies	Careers and aspirations 1. Employability skills /qualities – Video CVs 2. Identifying learning strengths and setting goals as part of the GCSE options process 3. Open session	1-2. Global Unity – British Values and Radicalisation 3. Tackling homophobia, transphobia and sexism	1-2. Assessing the risks of drug and alcohol abuse and addiction 3. Managing influences or Social impact of alcohol use	SRE 1. Healthy relationships 2. Sharing Sexual images 3. STIs	1-4 Planning and carrying out an enterprise project Reflecting on learning skills development in key stage 3
Year 10	1. Aspirations 2. Growth Mindset 3. Mental Health / My Mind	Understanding the causes and effects of debt 1. Budget 2. Risks of gambling 3. Debt, Homelessness and Kindness	SRE 1. Tackling relationship myths and expectations of gender inc LGBT History Month 2. Self esteem and relationships 3. Healthy and unhealthy Relationships - risks	1. Exploring the influence of role models 2. Assessing risks of substance misuse 3. Evaluating the social and emotional risks of alcohol use	IT Carousel	Preparation for World of Work Students will look at all aspects of the W of W in particular career sectors and soft skills
Year 11	1. My Life introduction – 2. Promoting self-esteem 3. Building Resilience 4. Promoting Mental Health	1. Unifrog (SHD will advise) – need to book IT room 2. Learning and revision skills to maximise potential 3. Skills for employment and career progression 4. Coping with stress	SRE 1. Knowing you're ready 2. Mechanics of genitalia 3. Pornography	IT	1-3. Global Unity – British Values and Radicalisation British values , human rights and community cohesion Challenging extremism and radicalisation	